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Money saving tips and advice

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Here we have listed 7 helpful ways in which you could save on energy costs and help save you some money

1. Cosy Homes In Lancashire (CHiL) [provides help with access to cost effective ways of keeping your home warm](#), whether you own or privately rent. Other help and advice on [grants to improve the energy efficiency of your home](#) are available, including insulation and boiler grants.
2. [Warm and Healthy Homes Project supports all households](#). Care & Repair's free service will run for two years to help ensure Blackpool residents can save money and stay warm at home
3. The Energy Saving Trust website has a range of [helpful advice and guidance to help you save on your energy costs](#)
4. The government's household energy page will give you [suggestions on alterations you can make to your home that can help you save on your energy usage](#)
5. Money Saving Expert website has a [wide range of energy and money saving tips](#) to help you reduce your costs.
6. The [Green Doctor](#) programme is part of Energising Communities and provides energy saving advice and support. Green Doctors are energy efficiency experts that have already helped thousands of people and can make a real difference to the warmth of your home – as well as the amount you pay for your energy. You can self-refer, or submit an application on behalf of someone else to [see what help and support is available in your area](#) online, or you can visit in person to [@TheGrange](#) during opening hours to get information. They also have some great resources online such as [useful tips, downloadable guides and video walkthroughs](#)
7. Using less hot water has the added benefit of lowering energy bills too. Examples of annual savings are shown below:
 - Reducing each person's daily shower from 10 minutes to 5 minutes - £740
 - Cutting out two dishwasher runs per week by only running with full loads - £76
 - Cutting out two washing machine runs per week by only running with full loads - £37
 - Fixing a leaking toilet - £300
 - Turning off the tap while brushing teeth - £100
 - Fixing a dripping tap - £17

Here are some other ways to help you cut your costs

1. Cut your fuel costs by making some small changes:
 - Look out for the best fuel prices in your area
 - Lower the windows rather than using the air conditioning when it's hot
 - Remove any excess weight in your car
 - Check your tyre pressure regularly
1. Cancel unnecessary subscriptions - whether it's TV or magazine subscriptions, apps on your phone, it's easy to forget what you've signed up to.
2. Look out for discounts - do some online research or check your emails and find out what offers are currently available to you.
3. [Check what you're entitled to](#) - you may be entitled to certain government funding to help with significantly rising living costs.

Blackpool Council

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