

Lesbian, Gay Bisexual & Trans

# Support & self help

in Blackpool, Wyre & Fylde

**55+ group for older men** social and support for 55+ meet every second Monday of the month at 2.00pm also a luncheon club meet at 12.30 every Thursday

**19-25 Male support group** Meet every last Tuesday of the month at 7.00pm come meet people and make new friends away from the typical club and bar atmosphere

**25-55 Male support group** Meeting the first Tuesday of the month at 7.00pm, come meet people and make new friends away from the typical club and bar atmosphere

**L-girls women's group** Are you tired of the scene? questioning your sexuality? Is the scene not your scene? Monthly meetings and outings. Ring Lindsey for more details on **07972 409 551**

**HIV & Women** Are you female and living with or are you affected by HIV? Please ring Helen or Jo on **01253 311 431** for details of this support and information group

**Transinclusion group** M/F trans support and social group meet every third Tuesday of the month. Call Charlotte on **07792 494 902** for details

**Lancashire lads** F/M trans support and social group meet monthly on the second Tuesday of the month. Call Stefan on **07768 956 640** or Lewis on **07833 738 035**

**Relaxation group** Relaxation group facilitated for those living with or whose lives are affected by HIV. Call Helen or Jo on **01253 311 431** for details

**Hep C support group** Ring Helen or Jo on **01253 311 431** for details

**LGBT forum** Meets every second Thursday of the month at 6.30 at the town hall. Meetings are informal and a MUST for any one wanting to keep abreast of the latest local issues that impact on LGBT life in Blackpool

**PACT** Blackpool and Fylde LGBT PACT (Police and Communities Together). Every first Thursday of the month 6.30pm. Various locations – for latest info log onto **lancashire.police.uk** or call **01253 607242**. Come along and meet your local LGBT Policing team, working together with the Community to tackle Homophobia

**Sex Workers support group** Drop in on a Monday 2.00-4.00pm for an informal chat with Charleen. Details **07811 192 517**

**Younger people-Ok2be** is a support service in Blackpool for young people aged up to 19 years old. We offer advice, information and a friendly relaxed space where you can chill out, relax and meet other young people who are going through the same things as you. We meet twice a week in a safe and confidential location. Contact Hayley Mills on 01253 754841 or text on 07887 770141

Please contact **Andrew Thompson** your local LGBT Community Development Worker on **01253 311 431** or **07875 355 390** for further information on any of the above meetings, self help and support groups or check out **b4me.com/lgbtcommunity**