

Silverfish are common throughout the United Kingdom foraging at night in kitchens, pantries and bathrooms. By day they hide beneath loose floor coverings, behind wallpaper, skirting boards, bath panels and other similar places.

Silverfish are seldom more than a nuisance but they can damage papers, books etc. when they feed on the protein rich gums and pastes used in their bindings. They can also damage fine textiles and leathers as well as dried foods if stored in damp cupboards.

Silverfish flourish in areas of high humidity such as kitchens and bathrooms but can be found in various other locations.

Most domestic silverfish nuisances can be dealt with by spraying a crawling insect killer in the areas where they are being seen and special attention should be made to treat any cracks and crevices where silverfish may rest during the day.

Additional measures include searching for and removing any food sources and debris including old slug pellets, damp paper and cardboard from areas where the silverfish have been sighted. The sealing of any obvious cracks and refuges where they could hide would also be useful.

It should be emphasised that these insects are harmless to man and do **not** bite.