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Babies aged 6 to 8 weeks

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When your baby is six to eight weeks old, you will see your health visitor at home who will check in on you and your baby, looking at their progress and offering general health and wellbeing advice.

- You will be invited for check-ups for you and your baby with your GP
- Your baby will be offered vaccinations at 8 weeks
- You will complete your postnatal sessions at your Baby Steps programme

Visit [your local Family Hub](#) to access sessions and activities, see your health visitor, and the [HENRY infant feeding team](#).

Child's development

All children develop at their own pace as they learn about themselves, their family and world.

Development you may see at this stage includes:

- Starting to smile at others
- Paying attention to the faces they see
- Starting to get fussy when they are bored

Supporting your child to grow

- Spending time on their tummies known as 'tummy time'
- Engaging in skin to skin contact or baby massage
- Give your baby a safe space to let them move their head, arms and legs freely

Help and support

The [parent infant service in Blackpool](#) works with parents to support positive bonding and attachment in the perinatal period.

[Your local Family Hub](#) can support with a number of things that can impact on your parenting life such as debt, housing, relationships. Find out more about our Family Hubs.

The [I Can Cope \(ICON\) programme](#) helps to support parents and carers to understand the normal crying pattern of young infants and keep babies safe.

Find out more about your [child's development and what to expect when](#).

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