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# Your child's development

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## Supporting your child to grow

Your child is developing every day, so from conception onwards it lays the foundation for their future development.

You can find out more about their development by downloading the [ANYA app](#), an easy-to-use app for parenting and breastfeeding support.

For a useful guide to help you have a healthy pregnancy, visit [Pregnancy – Start for Life](#).

You can also find out more about your child's development by downloading the [Best Beginnings Baby Buddy app](#).

## Support your child to learn and grow

From fairly early on in pregnancy, your baby starts to hear sounds from inside the womb. You, your partner and family members can talk, sing and read to your baby to help them to get to know the sound of your voice. Learn more about your [child's language development](#).

## Support for parents

The [Parent Infant Relationship services in Blackpool](#) work with parents to support positive bonding and attachment in the perinatal period.

Your local Family Hub can support you with a number of things that can impact on your parenting life, such as debt, housing and relationships. For more information, contact [Family Hubs in Blackpool](#).

The [DadPad app](#) is a great guide for new dads, with information to help you care for your new baby and your partner.

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