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Blackpool Families Rock

Last Modified November 01, 2023



Blackpool Families Rock is a culture, and model of practice which focuses on three principles when working and supporting families in Blackpool.

The three principles of Blackpool Families Rock are: Head, heart hands.

Head, how we think

- Don't be nosey
- No jargon
- Share your knowlege
- Think about how you talk about us
- Think about how you write about us
- Be calming
- Share what you know about us
- Be non - judgemental
- Walk in my shoes

Heart, how we behave

- We are all human
- We all make mistakes
- Integrity is important
- Trusting relationships
- Mutual respect
- Kindness
- Be brave
- Never give up on me
- See me
- See the good things
- Share the power

Hands, how we work

- See our strengths
- Less talk, more action
- Find out what works for us
- Show us you've listened by your actions
- State our journey
- Get to know me
- Know my support networks
- Celebrate the positives
- Support us to develop our own plans
- Help us to find our own solutions
- Honesty always
- Have discussions, not meetings

- See our uniqueness
- Make time for me

For more information and to learn how Blackpool Families Rock was created, visit the [co - production team website](#).

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