



Baines' Endowed

Church of England Primary Academy & Children's Centre
A member of **CDARI**

Information

- Come and visit our new, 'Community Outdoor Space,' open from 8.30-4.30pm, Monday- Friday
- Check out our website Baines Children's Centre and Nursery and follow us on Facebook to keep up to date with events at your local centre.
- Free vitamins for pregnant woman, mums and children aged between 6 months to 4years. Criteria applies, please ask for more details at reception.
- Is your child 2 between 1st April and 31st August 2019? Then your child may be entitled to 15hours FREE CHILDCARE. Please drop in or call the centre for more details on how to apply. Alternatively you can apply online at- <https://blackpool.gov.uk/Residents/Education-and-schools/Early-years-and-childcare/Free-childcare-for-2,3-and-4-year-olds.aspx>

Free flowing cup:

- Using a cup is better for your baby's teeth and so it's a good idea to introduce a cup from about six months
- Learning to drink from a cup can be messy and fun but it's all part of growing up. Your child needs to learn to sip, not suck.
- Using an open cup or a free-flow cup without a valve will help your baby learn to sip rather than suck, which is better for their teeth.
- Valve cups (non-spill types) are not recommended. The sucking motion can lead to speech problems.
- Never give sugary drinks in bottles as this can cause very rapid tooth decay.
- Only have water or milk to drink between meals.

Blackpool's children centres are provided in partnership by Blackpool Better Start and Blackpool Council.

CONTACT US

www.blackpoolbetterstart.org.uk



Please check out our facebook – Facebook /Baines Children's Centre



**Blackpool
Better Start**
CENTRE FOR EARLY
CHILD DEVELOPMENT

J113621 1218

Baines Children's Centre Activity timetable

All activities in the centre are Free of Charge

Baines Children's Centre
Penrose Avenue, Blackpool
Tel: 01253 699085

Apr - June
2019



www.blackpool.gov.uk

Blackpool Council

CHILDREN'S CENTRES

MONDAY

Date/Time	Venue	Activity/Course
8.45am - 9.45 Term Time Only	Baines Children's Centre	Coffee Morning: Term Time Only. Feel free to come along to our informal coffee morning, refreshments, Bingo, Raffles, and an opportunity to meet new people. 50p per family, refreshments provided.
8.45 - 9.45am 29th April, 20th May & 17th June 2019	Baines Children's Centre 	Parents Forum Meeting: Come and discuss your views on what goes on at the centre and share ideas for upcoming events in the community. Everyone welcome!
10.00am - 11.00am, Term time only.	Baines Children's Centre	*NEW* Childcare Partners Group: Group for all our childcare partnership to drop in, share best practise, signpost and networking opportunities.
1.00pm - 3.00pm crèche available, 5 week course	Baines Children's Centre	Stress Less Toolkit: This course will provide an understanding of the physical and psychological effects of stress and explore simple techniques to manage and reduce stress to promote positive wellbeing. Limited places, book essential!
Invite only	Baines Children's Centre 	Baby Steps - Invite only: Contact your midwife for more information or register your interest at the centre.

TUESDAY

Date/Time	Venue	Activity/Course
9.30am - 11.00am	Baines Children's Centre	Little Munchkins: Stay & Play for parent's and carers with children 0-4years. Everyone welcome to come along and join the fun, just drop in.
9.30 - 11.00am Starts 28th May, 4 weeks,	Baines Children's Centre 	Move, Play and Grow Delivered alongside Munchkins: The program will use fun games and interactive activities to support your child's social and physical development while increasing family knowledge of the Eat Well Guide, healthy snacks, physical activity and oral health.
9.30 - 11am On 11th June	Baines Children's Centre 	Literacy Event: Join us as part of national literacy week for a themed literacy session 'Teddy Bears.' Lots of activities and fun to be had, so feel free to come along.
9.30 - 11am 23rd April	Baines Children's Centre	Speech and Language Information Station: Come along for informal advice and guidance around your child's speech development.
Invite only	Baines Children's Centre	Baby Steps - Invite only: Contact your midwife for more information or register your interest at the centre.

WEDNESDAY

Date/Time	Venue	Activity/Course
9.30 - 11.30am Starts 1st May	Baines Children's Centre 	*NEW* 'Empowering Parents, Empowering Communities – EPEC.' This 8 week course, helps parents learn practical communication skills for everyday life and bring up confident, happy and co-operative children. Booking essential, crèche places – FREE.
1:00pm - 2.00pm	Baines Children's Centre	Gardening Club: Come and join our new gardening club with Jonathon and Vince from CLUB. Opportunities for planting sowing, exploring the outdoors and garden based activities for all. Term time only

THURSDAY

Date/Time	Venue	Activity/Course
9.30am - 11.00am	Baines Children's Centre	Baby Time: Baby weighing clinic, health visitor available from 9.30am – 10.45am. Please feel free to come along for informal advice and guidance. *BABY TIME CLOSED 2ND MAY DUE TO POLLING*
9.30am - 11.00am 25th April, 30th May, 27th June 2019	Baines Children's Centre 	Baby Rover: Would you like to get 10 items of babies and children's clothes for just £1.00 per bundle? Then come along and sign up. Many great items to be found for everyone.
10.00am - 12.00noon	Baines Children's Centre	Antenatal Smoking Drop in: Booking required, please speak to your midwife to access this service.
11.15am - 1.00pm	Baines Children's Centre	First Stage of Pregnancy: Delivered by midwifery health trainers, advice for mums in early pregnancy. Booking required. Please speak to your midwife or drop into the centre
1.30pm - 2.30pm Starts 13th June	Baines Children's Centre	*Baby Sign* FREE*6 week course: Come along to baby signing a way of communicating with your baby using a modest number of symbolic gestures. Place are limited, and the course is for babies aged 6-18mths only!

FRIDAY

Date/Time	Venue	Activity/Course
9.30am - 11am Term time only.	Baines Children's Centre	Tweenies: Stay and Play session for walkers – 3years old. Please feel free to drop in and explore the range of resources and activities available. Delivered by Jonathon.
9.30 - 11.00am Starts 7th June 4 weeks	Baines Children's Centre 	Move, Play and Grow, Delivered alongside Tweenies. The program will use fun games and interactive activities to support your child's social and physical development while increasing family knowledge of the Eat Well Guide, healthy snacks, physical activity and oral health
9.30 - 11am 7th June	Baines Children's Centre	Speech and Language Information Station: Come along for informal advice and guidance around your child's speech development.
1.00pm - 2.30pm	Baines Children's Centre	Baby Stay and Play: A group designed for parents/carers with children from 0yrs – walkers. A chance for new parents to meet other parents/carers in the area, everyone welcome. Delivered by Jonathon. Term Time Only



Better Start is pleased to support activities for 0-4 year olds and their families delivered through Blackpool Children's Centres.