

## Dates for your Diary

- Monday – Friday Sensory Room available for bookings as a family or with a group of friends.
- Any time Crafts, Games and Outdoor play! All day any day! We always have a range of games, crafts, colouring, sticking etc. to do with your child in our café area just ask at reception!
- Volunteers needed! Can you support your children centre for a few hours each week in the following roles: café, groups, gardening, parents' forum, events, publicity? Or do you have a special talent you can contribute? Full training and career development support given. Please speak to Tracey if interested 476480.
- Baby Steps Antenatal Courses now running on various days / times throughout the year – please call or drop in to reception 955709 to book your place. (Betterstart Activity)
- Free Vitamins (eligibility applies) For children and Mothers. See reception.
- Free Breakfasts for children! 8am - 10am every school holiday.
- May 28th – June 7th Half Term Holiday Activities (See Half Term Time- tables!)
- Grow Blackpool Gardening Club @the Grange10-3 Wednesdays and Thursdays and 10-12 Fridays.

### SAVE THE DATES!

- Tuesdays' Monthly Parents Forums' with refreshments – 12-2pm – Grange Park Children Centre – Have your say on centre activities, events and the environment; May 7th / June 14th / July 2nd / . Please call for details or drop in on these dates if you would like to attend the next meeting.
- Saturday June 8th Circus Skills! – 10am -12pm at Grange Park Children Centre (Betterstart Activity)

### SPEECH AND LANGUAGE DEVELOPMENT SUPPORT:

- Are you worried about your child's speech or would like advice and tips on enhancing your child's communication? We have lots of help available including:
- Bookstart visits with a free set of books and tips from a member of the children centre team – Book yours at reception or call 476480.
  - Drop in Information station sessions for direct advice for 0-4 years from a Communicate Speech and Language Therapist 9.30-11.30 April 10th

- Drop in group Information sessions for direct advice for 0-19 years from a NHS Speech and Language Therapist 9am – 10.30 am on Thursday's May 9th / June 13th / July 11th / August 8th.
- Courses; Talk with Me by Communicate SLT team –next one starts April 24th.
- FRED – Fathers Reading Together aimed at Dads. (Betterstart Initiative) Ring - drop in
- Weekly Activities in the children centre aimed at Speech Promotion; Fridays - Monday's Tiddly om pom poms which is particularly good for aiding speech development. See time table.

### FINDING A NURSERY OR CHILD-CARE SUPPORT:

Drop in to reception at any time and ask us about nursery provision in the area.  
We can also assist you with information regarding 2 and 3 year old grant eligibility.

**In addition we have specific nursery and grant drop ins' for detailed information by the early years child care on the following dates in the centre: April 10th 9.30-11.30am**

LIKE US [WWW.FACEBOOK.COM/GRANGECCHILDRENSCENTRE](http://WWW.FACEBOOK.COM/GRANGECCHILDRENSCENTRE)

- Please note:** Photo's at groups and activities: We would like to request that parents do not take photo's at our groups on mobiles or camera's. If you wish to take a photo please ask a member of the centre team who will be able to set up a photo opportunity for you.
- Please note:** The children centre team aim to provide a safe, stimulating play environment for you and your child. It is always the parents / carer's responsibility at all our activities to fully supervise their children and ensure that they fully involve their own children in all of the fun learning activities especially prepared for you.
- Zero Tolerance Policy** The centre aims to be a safe and happy place for the children, families and staff working here. Please ensure no swearing, aggressive behaviour as this will not be accepted.

# Grange Park Children's Centre Activity timetable

All activities in the centre are Free of Charge

Grange Park Children's Centre  
Dingle Avenue, Blackpool FY3 7NX  
Tel: 01253 476480

Free Vitamins ask at reception

Apr - Jul 2019



Blackpool's children centres are provided in partnership by Blackpool Better Start and Blackpool Council.

### CONTACT US

[www.blackpoolbetterstart.org.uk](http://www.blackpoolbetterstart.org.uk)

Please check out our Twitter @CECDBlackpool  
Please check out our facebook – facebook@gpchildrenscentre



Blackpool Better Start  
CENTRE FOR EARLY CHILD DEVELOPMENT

[www.blackpool.gov.uk](http://www.blackpool.gov.uk)


Blackpool Council

CHILDREN'S CENTRES

## MONDAY

Date/Time	Venue	Activity/Course
9am – 12.30am	Grange Park Children's Centre	<b>Child Minder Drop in</b> – open to all registered child minders in our specially set up child-friendly resource rooms.
12.50am – 1.50pm	Grange Park Children's Centre	<b>Tiddly Om Pom Poms (TOPPS):</b> Delivered by Blackpool Music service. <b>A fun music and movement session.</b> Lots of fun helping develop your child's rhythm and rhyme skills using musical instruments. Ages 0-4 years. Term-time only. <b>Starts on 29.4.19 Good for aiding speech development!</b>
2.00 -2.45pm April 29th, May 13th and May 20th	Grange Park Children's Centre 	<b>Monday's Family Cookery: (Betterstart Activity)</b>
Mondays – Fridays every day from 3.15pm	Grange Park Children's Centre	<b>'Scrapbook Art'</b> after school family activity: Collect your free scrap book and use our arts and crafts resources to fill your art book up. <b>Any age welcome.</b> Lots of family fun together!

## TUESDAY




Date/Time	Venue	Activity/Course
Tuesday (and any other week day)	Grange Park Children's Centre	<b>Why not book out our sensory room?</b> For you and your child or, a group of friends for a relaxing experience, ball pool, bubble tube, sensory toys! <b>Call 476480 or drop in to book. Any age!</b>
Tuesday (and any other week day)	Grange Park Children's Centre	<b>Any time Crafts and Games!</b> We always have a range of crafts, colouring, sticking etc. to do with your child in our café area. Just ask at the reception for some crafts to do or games to play from our huge store cupboard!
9.30-11.30 Starts 30.4.19; 10 weeks (child care may be available)	Grange Park Children's Centre	<b>Safeguarding For Parents Course:</b> Family and adult learning course.
1.30 -2.30pm April 29th, 30th, May 7th	Grange Park Children's Centre 	<b>Teddy Bears Picnics! New Activity!</b> Bring your teddy (or borrow one from us), pick up your child's free Teddy Bears Lunch bag at the children centre, which includes fruit, drink and an activity pack. We will then be going on a Bear Hunt Walk to @the Grange to have Bears' Story Time whilst we have our Teddy' Bears Picnic in the Apple Core. Then there's time for teddy bears to play in the fantastic new Early Years Garden in the Mud Kitchen and wormery! Free Bear Book given at each session. Come to all 3 sessions collect all three! <b>Not to be missed! (please bring outdoor clothing for the garden area!)</b> (Betterstart Activity)
1.30 – 2.30pm from 14th May	Grange Park Children's Centre	<b>Messy Play will be back!</b> Bring spare clothes and let your child's imagination, scientific and exploration skills run wild. Messy plays aids the development of fine motor skills, and skills such as pouring, measuring and mixing using jellies, beans, foam, and lots of other fun gooey stuff!

## WEDNESDAY

Date/Time	Venue	Activity/Course
9.30am – 11am	Grange Park Children's Centre	<b>Health Visitors drop-in Baby Weigh Clinic:</b> Patients from all surgeries welcome to have their baby weighed. Don't forget to bring your red book! (Make a morning of it, our community café is open from 8am – 3.30pm).
9.30am-11.30am	Grange Park Children's Centre	<b>Baby Sensory Play:</b> Don't rush off after weighing, stay and relax in our Baby Sensory Play area. Babies of any age will love this specially set up room with lights, fibre optics and sensory play items. You and your child are guaranteed to feel calm and relaxed after this. Just come to the reception at Grange Park Children's Centre.
9.30am – 11.30am	Grange Park Children's Centre 	<b>Baby Sling Library:</b> Fortnightly, May 1st/15th/29th/ June 5th/19th/July 3rd/17th. (Betterstart Activity)
Appointments available 9:00am - 5:00pm	Grange Park Children's Centre 	<b>New Birth Registration:</b> Did you know you can register your babies' birth here in the centre with the Registrar? <b>Birth Certificates now cost £11.</b> To make an appointment ring 477177 or visit <a href="http://www.blackpool.gov.uk/births">www.blackpool.gov.uk/births</a> .

1.00-2.00pm 24th April, May 1st,8,1 5 and 22nd	Grange Park Children's Centre	<b>Talk With:Me</b> course Run by Communicate Speech and Language Therapy team. Pick up tips and support to help your child's speech flourish. Bookings by ringing 476480 or ask at reception.
1.00pm – 2.00pm starting: 5th, 12th, 19th, 26th June	Grange Park Children's Centre 	<b>Move, Play &amp; Grow!</b> Fun childrens' games sessions! (Betterstart Activity)
9.30am – 12pm April 17th / May 22nd / June 26th	Grange Park Children's Centre 	<b>Monthly Baby Rover is back! Clothes bundles at £1. at Grange Park Children Centre. (Betterstart Activity)</b>
3.15 – 4.00pm	Grange Park Children's Centre	<b>After-school Family Cookery Club. All ages welcome.</b>
2.00 –5pm June 5th	Grange Park Children Centre	<b>'Pyjamarama'</b> Join us to celebrate Bed Time stories! Celebrating National Bookstart week. Look out for more details

## THURSDAY

Date/Time	Venue	Activity/Course
9.00 – 5.30pm	Grange Park Children's Centre	<b>Don't Forget the Sensory Room! Daily bookings available.</b> Did you know that sensory rooms help improve balance, movement and spatial orientation? In addition sensory play develops visual processing and fine motor skills.
11.15am Starts May 9thTerm Time only	Grange Park Children's Centre 	<b>Jo Jingles is back at Grange Park Children Centre;</b> A fun lively music and move session that your Toddlers and Babies will love. Starts Friday May 3rd weekly. (Betterstart Activity)
1.30pm	Grange Park Children's Centre	<b>Free Childrens' Books!</b> A Fun Spring Hunt Walk down the Bear's walking trail to @theGrange. Pick up a free Book for every child completing the Spring Hunt Walk from the children centre reception!
2.00-3.00pm	@ the Grange Park Rangers 	The Park Rangers will be at the early years garden centre once a fortnight May 2nd, 16th, 30th,June 13, 27th and July 11th. Join them on scavenger hunts, and lots of other fun outdoor forest school type activities. (Betterstart Activity)
3.30 – 4.45pm	@ the Grange	<b>Boys and Girls Club young peoples' activities.</b>
Mondays – Fridays every day from 3.15pm	Grange Park Children's Centre	<b>'Scrapbook Art'</b> after school family activity. Collect your free scrap book and use our arts and crafts resources to fill your art book up. Any age welcome. Lots of family fun together!
3.30-pm Starts May 2nd	Grange Park Children's Centre	<b>Drama after school family group ideal for ages 5-10: New for 2019!</b> Run by the Petite Acting group. Develops confidence, friendships and resilience whilst having a great time.
1.00-2.00pm starts May 9th	Grange Park Children's Centre 	Baby Sign and Rhyne (Betterstart Activity)

## FRIDAY

Date/Time	Venue	Activity/Course
11.30am	Grange Park Children's Centre 	<b>Diddi Dance. Back by popular parental demand!</b> Starts 26th April Grange Park Children Centre. Funky pre-school dance classes for boys and girls. Action packed fun for 45 minutes! A parent told us: "It was fabulous and my children even learnt some French and Spanish!" (Betterstart Activity)
9:00am – 5.30pm	Grange Park Children's Centre	<b>Sensory Room available for bookings.</b> Did you know that sensory rooms help improve balance, movement and spatial orientation? In addition sensory play develops visual processing and fine motor skills.
Mondays – Fridays every day from 3.15pm	Grange Park Children's Centre	<b>'Scrapbook Art'</b> after school family activity. Grange Park Children Centre. Collect your free scrap book and use our arts and crafts resources to fill your art book up. Any age welcome. Lots of family fun together!

Café open 8-3.30 – serving lovely fresh homemade food.