


Friday Continues:

Date/Time	Venue	Activity/Course
1.00pm– 3.00pm 10th May, 14th June 12th July	Revoe Children's Centre 	<b>Baby Rover:</b> A clothing bank offering quality clothing for 0-5 year olds. Drop-in sessions. £1.50- lifetime membership (one off cost) £1 – bundle of 10 items
1.30 pm–2.30pm Friday 3rd May Friday 12th July	Revoe Children's Centre	<b>Family Information Services -Childcare Information Drop In:</b> For information such as 2-year-old application checks, 30 hrs placements, finding childcare etc.

### Additional Information

- Look out for our 'Teddy Bears' themed 'Literacy Event' Week commencing 17th June 2019 Parents Forum
- We are always interested in hearing your views on the Children's Centre, pop in and have a chat with us or pick up a comments card and leave us some feedback.
- \*Sensory Room, families are welcome to book the Sensory room to use. We have a range of equipment that you can use with your children. Please phone/call in to book.
- \*Park Ranger Activities The Park Rangers host a range of sessions on Revoe Park. Keep your eyes peeled for their timetable which is released each month. Check our Facebook Page or displays in the Centre for the current timetable.
- \*EPEC A free course for parents of children aged between 18 months and 11 years (must have at least one child under 5). A course run by parents for parents. This 8 week course helps parents learn practical communication skills for everyday life and bring up confident, happy and co-operative children. Look out for further information or call the Children's Centre to register your interest.
- \*BABY (Build a Better You) :- Are you a Volunteer or would like to become one? This course might be for you. It is a 5 week course which looks at confidence building, assertiveness and stress management, communication, dignity, respect and equality, skills and life plans. There is also a final session to cover Safeguarding. Ask at reception for more details. Childcare **available**.
- \*Baby Steps is an antenatal programme that helps you plan for the birth and prepares you for your new life with baby. Please contact the Children's Centre for more information.
- Are you suffering from or have you experienced domestic abuse?
- Fylde Coast Women's Aid provides 'Drop-In' sessions for women who are suffering from or have experienced domestic abuse. Come along, meet and chat with other women in a relaxed, safe and friendly environment. Women can have the opportunity to seek advice from experienced Women's Aid Workers. Ask a member of Children's Centre Staff for more details.
- Clothes Swap: The Children's Centre has a big stock of under 5s clothes to be swapped. This resource is constantly changing due to people bringing in clothes their little ones have grown out of and swapping for clothes they can use. Drop in with clean baby /toddler clothes that are in good condition and swap for something new to you - It's that easy!
- Free internet Access: Feel free to drop in and use our public computer - located in the care area.
- Free Vitamins: Free Healthy Start Vitamins for Pregnant Women and Children aged 6 months to 4 years old – Please call in for a form to apply.



# Revoe Children's Centre Activity timetable

All activities in the centre are Free of Charge

**Revoe Children's Centre**

Grasmere Road, Blackpool, FY1 5HP

Tel: 01253 798016

Apr -Jul  
2019




Blackpool's children centres are provided in partnership by Blackpool Better Start and Blackpool Council.

#### CONTACT US

[www.blackpoolbetterstart.org.uk](http://www.blackpoolbetterstart.org.uk)

 Please check out our Twitter

 Please check out our facebook page




[www.blackpool.gov.uk](http://www.blackpool.gov.uk)


**Blackpool Council**

CHILDREN'S CENTRES

## MONDAY



Date/Time	Venue	Activity/Course
8.15 am-8.45 am	Revoe Children's Centre	<b>Early Years Family Breakfast (term time only)</b> - Children under 5 welcome with their families- come along to the Children's Centre Café and enjoy a healthy breakfast of toast and fruit (the breakfast is complimentary however donations are welcome). Arts and crafts are available in the café area for the whole family to enjoy
9-10am Monday 3rd June, Monday 1st July	Revoe Childrens Centre	<b>Parent Forum Coffee Morning:</b> Come along and meet other mums, dads and carers. Find out more about the centre, our services and our Parents Forum
1.00pm-2.00pm (4 weeks starting 10th June)	Revoe Children's Centre 	<b>FRED (Fathers Reading Every Day)</b> Are you a dad, grandad, uncle or a male carer? Put your name down for this exciting opportunity to be involved in supporting your child to develop a love of stories, books and reading – Book on at Reception

## TUESDAY

Date/Time	Venue	Activity/Course
8.15am – 8.45am	Revoe Children's Centre	<b>Early Years Family Breakfast (term time only)</b> - Children under 5 welcome with their families- come along to the Children's Centre Café and enjoy a healthy breakfast of toast and fruit (the breakfast is complimentary however donations are welcome). Arts and crafts are available in the café area for the whole family to enjoy.
9.00am – 1.00pm	Revoe Children's Centre	<b>Antenatal Clinic:</b> booking via your midwife and meet the Children's Centre team
9.30am – 10.30pm Tuesday 16th April Tuesday 14th May Tuesday 18th June Tuesday 16th July Tuesday 20th Aug	Revoe Childrens Centre	<b>NHS Speech and Language Therapy Drop In:</b> Drop in sessions are open to anyone with children aged 0-19 with concerns about their communication (unless you are already seeing a Speech and Language Therapist). Children must be accompanied by a parent or person with parental responsibility. We are sorry if you have to wait a little while to see the therapist at drop ins — they may be busy.
9.30am – 11.00am	Revoe Children's Centre	<b>Little Learners:</b> A family group where you and your child can learn and play together. Come along and have some fun, meet new parents and make new friends.
10.00am – 12.00 noon (starting 7th May)	Revoe Children's Centre	<b>'More Positive Together' Drop In:</b> Support programmes for individuals to support with things like applying for jobs, interview techniques volunteer placements and much more – come along and have a chat
10.00am – 12.00 noon Tuesday 11th June	Revoe Children's Centre	<b>Family Information Services</b> -Childcare Information Drop In For information such as 2 year old application checks, 30 hrs placements, finding childcare etc
12.30pm – 1.30pm (starting 7th May)	Revoe Children's Centre	<b>Golf for Young Children led by Andy Swallow Golf:</b> Come along and let your child try out a new sport, all equipment provided and lots of fun.
1.15pm – 3.15pm (starting 23rd April)	Blackpool Sling Library 	<b>Sling Hire for mums, dads and their baby:</b> Blackpool Slings Library also offer advice, guidance and peer support for using your sling - Come along and find our more
1.30pm – 3.00pm	Revoe Children's Centre	<b>Baby and Child Clinics:</b> Health Visitor available to weigh babies and children and offer support and advice. An opportunity for mums, dads and carers to meet other parents and for babies to explore a range of activities.

## WEDNESDAY

Date/Time	Venue	Activity/Course
8.15am – 8.45am	Revoe Children's Centre	<b>Early Years Family Breakfast (term time only):</b> Children under 5 welcome with their families- come along to the Children's Centre Café and enjoy a healthy breakfast of toast and fruit (the breakfast is complimentary however donations are welcome). Arts and crafts are available in the café area for the whole family to enjoy.
9 am – 10am Wednesday 1st May	Revoe Children's Centre	<b>Parent Forum Coffee Morning:</b> Come along and meet other mums, dads and carers. Find out more about the centre, our services and our Parents' Forum
9.00am – 1.00pm	Revoe Children's Centre	<b>Antenatal Clinic</b> -booking via your midwife and meet the Children's centre team
10.30am – 11.00am 0-2's 11.05am – 11.35am 2-4's	Revoe Children's Centre	<b>Tiddly Om Pom Poms:</b> A music session run by Blackpool Music Service that will help your child, play instruments expressively, sing songs, hold a tune, find the rhythm to move and dance to and make new friends but most of all have lots and lots of fun!! Book on at Reception

9.30am – 2.30pm (Starting 1st May)	Revoe Children's Centre 	<b>Mellow Dads:</b> Parenting workshop, group sessions and activities looking at support, techniques and strategies to work on building and further developing your relationship with your children or babies. Look out for further information or call the Children's Centre to register your interest.
	Revoe Childrens Centre	<b>PKU Clinics</b> -booking via your midwife and meet the Children's Centre team
5.30pm – 7.30pm	Revoe Childrens Centre 	<b>Baby Steps:</b> Sessions started on 5/6/19. An antenatal programme that helps you plan for the birth and prepares you for your new life with baby. Please contact Paige at the Children's Centre for more information. These run throughout the year at all Children's Centres and you will be invited to join in by your midwife.

## THURSDAY

Date/Time	Venue	Activity/Course
8.15am – 8.45am	Revoe Children's Centre	<b>Early Years Family Breakfast (term time only):</b> Children under 5 welcome with their families- come along to the Children's Centre Café and enjoy a healthy breakfast of toast and fruit (the breakfast is complimentary however donations are welcome). Arts and crafts are available in the café area for the whole family to enjoy
9.00am – 4.00pm	Revoe Children's Centre	<b>Antenatal Clinic:</b> booking via your midwife and meet the Children's centre team
9.00am – 10.00pm Thursday 9th May Thursday 13th June Thursday 11th July	Revoe Childrens Centre	<b>Parent Forum Meetings</b>
9.30am – 11.30pm	Revoe Children's Centre	<b>Maths or English Skills Programme:</b> If you are interested in this course please ask at the Children's Centre for the next available start date. Crèche available- please book your place at Reception.
12.45pm – 2.45pm Starting 4/04/2019. For 6 weeks	Revoe Children's Centre 	<b>Baby Steps:</b> An antenatal programme that helps you plan for the birth and prepares you for your new life with baby. Please contact Paige at the Children's Centre for more information. These run throughout the year at all Children's Centres and you will be invited to join in by your midwife.
1.15pm – 2.45pm	Revoe Childrens Centre	<b>Baby Glow Worms:</b> Baby move and music sessions –An opportunity to spend some 1:1 time with your baby including sensory play, music and movement. Suitable for babies pre-walking. A guest speaker will be in every other week to talk about relevant topics such as communication, weaning, dental hygiene

## FRIDAY

Date/Time	Venue	Activity/Course
8.15am – 8.45am	Revoe Children's Centre	<b>Early Years Family Breakfast (term time only):</b> Children under 5 welcome with their families- come along to the Children's Centre Café and enjoy a healthy breakfast of toast and fruit (the breakfast is complimentary however donations are welcome). Arts and crafts are available in the café area for the whole family to enjoy.
9.00am – 1.00pm	Revoe Children's Centre	<b>Antenatal Clinic:</b> booking via your midwife and meet the Children's Centre Team
All Day	Revoe Childrens Centre	<b>Stop Smoking in Pregnancy Service:</b> Contact your midwife to book an appointment including <b>First Stage (Smoking Cessation)</b> Group appointment for ladies in early pregnancy wanting to give up smoking. Please contact the centre for more details
10am – 11.15am starting Friday 14th June.	Revoe Children's Centre 	<b>Talk Together:</b> A fun 5 week programme that boosts children's communication skills. Come along to our group sessions to find out more about how communication develops and learn some handy tips to use at home.
1.30pm – 3.00pm	Revoe Children's Centre	<b>Messy Play:</b> Play session for children aged 0-5 years where children can come and learn through messy play. There are activities available for children to explore different textures, smells and sounds while making a mess in a safe, fun environment... plus you don't have to clean up afterwards!! Wear old clothes as we get very messy!

