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# Bedroom

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The right equipment can help you remain comfortable and independent as soon as you wake up to start the day.

## Equipment

- Pillows, cushions and posture support
- Special pillows
- Foam cushions
- Air cushions
- Riser cushions
- Back supports
- Posture supports

[Search Google for pillows and cushions](#)

## Mattresses and beds

- Profile or adjustable beds that can be raised
- Beds with posture control
- Turning beds that can be tilted
- Specialist mattresses and overlays

[Search Google for specialist beds](#)

## Dressing and undressing

- Aids to help you put on socks or tights
- Dressing sticks and aids
- Button and zip aids
- Velcro fastenings
- Boot levers and shoe horns

[Search Google for dressing aids](#)

## Accessories and furniture

- Devices to help turning or repositioning in bed
- Bed safety rails
- Bed cradles
- Bed levers
- Bed sensor alerts
- Mattress stops
- Leg lifters
- Pull down wardrobe rails

[Search Google for bedroom aids](#)

# How to buy

- Search online and view a list of suppliers. Compare prices and read reviews before you buy
- Some items, such as grab rails, can be purchased in DIY shops
- For larger items, get 2 or 3 quotes and try the product before you buy, where possible
- Always check warranties, servicing and maintenance arrangements

**Disclaimer** - The suppliers listed are not endorsed by us - it's just to help you get started. For peace of mind you can search for equipment and services in the trading standards approved [Buy With Confidence directory](#).

## Find services and support near you

[Blackpool's resource Directory - FYi Directory](#) has information on home adaptations, equipment and aids, and services to support independent living.

## Specialist organisations and charities

The following organisations provide free and impartial information about services and equipment for people with a disability, older people and those who support them.

- [Safe and secure traders directory](#)
- [Millbrook Healthcare Group](#)
- [Manage At Home - Mobility aids for the elderly and disabled](#)
- [Disabled Living](#)
- [Living Made Easy](#)
- [British Red Cross online store](#)
- [Age UK](#)
- [Vitaline technology enabled care](#)

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### Blackpool Council

Municipal Buildings  
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