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Kitchen and dining

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The right equipment can help with daily kitchen tasks from preparing food to cleaning up.

Eating and drinking

- Cutlery with enlarged or angled handles, and lightweight
- Straws and holders
- Drinking support systems
- Plate surrounds to prevent spillages
- Kettle tippers or lightweight kettles

[Search Google for eating and drinking aids](#)

Food preparation

- Easy-grip utensils
- Clamp-on vegetable peelers
- Slip-resistant workstations and boards
- Pan handle holders
- Universal jar and bottle openers
- Non-slip jar and bottle openers
- Ring pull can openers
- Automatic tin openers
- Perching stool
- Kitchen trolley

[Search Google for food preparation aids](#)

Cleaning and laundry

- Adjustable height clothes dryers
- Table top or wall mounted ironing boards
- Long-handled dustpans and brushes
- Long-handled window washers
- Lightweight vacuum cleaners
- Telescopic dusters

[Search Google for cleaning and laundry aids](#)

Units, appliances and accessories

- Stove guards to disconnect power in case of fire
- Talking microwave ovens and induction hobs
- Tap and knob turners
- Stools and trolleys
- Easy-grip scissors
- Slip-resistant mats and trays

How to buy

- Search online and view a list of suppliers. Compare prices and read reviews before you buy
- Some items, such as grab rails, can be purchased in DIY shops
- For larger items, get 2 or 3 quotes and try the product before you buy, where possible
- Always check warranties, servicing and maintenance arrangements

Disclaimer - The suppliers listed are not endorsed by us - it's just to help you get started. For peace of mind you can search for equipment and services in the trading standards approved [Buy With Confidence directory](#).

Find services and support near you

[Blackpool's resource Directory - FYi Directory](#) has information on home adaptations, equipment and aids, and services to support independent living.

Specialist organisations and charities

The following organisations provide free and impartial information about services and equipment for people with a disability, older people and those who support them.

- [Safe and secure traders directory](#)
- [Millbrook Healthcare Group](#)
- [Manage At Home - Mobility aids for the elderly and disabled](#)
- [Disabled Living](#)
- [Living Made Easy](#)
- [British Red Cross online store](#)
- [Vitaline technology enabled care](#)

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