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Moving around at home

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There is a range of equipment you can purchase to help you get around at home

Getting up and down the stairs

- Stair lifts
- Lifts
- Rails
- Stair climbers

[Search Google for stair lifts and climbers](#)

Difficulty walking

- Walking sticks and frames
- Tripods and quadupods
- Crutches
- Support walkers
- Rollators
- Trolleys
- Standing frames

[Search Google for walking aids](#)

How to buy

- Search online and view a list of suppliers. Compare prices and read reviews before you buy
- Some items, such as grab rails, can be purchased in DIY shops
- For larger items, get 2 or 3 quotes and try the product before you buy, where possible
- Always check warranties, servicing and maintenance arrangements

Disclaimer - The suppliers listed are not endorsed by us - it's just to help you get started. For peace of mind you can search for equipment and services in the trading standards approved [Buy With Confidence directory](#).

Find services and support near you

[Blackpool's resource FYi Directory](#) has information about services to support independent living including equipment and aids.





Specialist organisations and charities

The following organisations provide free and impartial information about services and equipment for people with a disability, older people and those who support them.

- [NHS wheelchair services - FYi Directory](#)
- [British Red Cross online store](#)
- [Age UK](#)
- [Millbrook Healthcare Group](#)
- [Manage At Home - Mobility aids for the elderly and disabled](#)

- [Disabled Living](#)
- [Living Made Easy](#)
- [Vitaline technology enabled care](#)

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