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# Resources

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Useful tools, guides, and information to support your understanding and practice of co-production in Blackpool.

Whether you're a parent, young person, professional, or community partner, these resources are designed to help you work together more effectively, share power, and create positive change.

## Co-produced resources

- Understanding your family's journey – The MAP
  - A co-produced visual guide to help families understand the care process
    - Visit [born into care page](#) to download and printing instructions
- Preparation for adulthood strategy
  - [A co-produced strategy to support young people with SEND into adult life](#)
- Blackpool SEND Local Offer
  - [A one-stop source of information for families with children and young people with SEND](#)
- Blackpool Families Rock principles
  - [Values co-designed by parents and professionals to shape respectful support](#)

## Mental health and resilience resources

- [The Resilience Framework \(Boingboing\)](#)  
Support for young people's mental health
  - [Co-produced resources with Lancashire Mind and Blackpool Teaching Hospitals](#)

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