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Staying safe online

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Sharing pictures of your children

Most parents love sharing photos of their children with friends and family. But remember - pictures you share online could be out there forever. Learn how to protect your child whilst staying social.

[More advice can be found on the thinkuknow website.](#)

Online contact and staying safe

Video streaming and chatting online can be exciting, but do you know how to protect your child from adult content and contact? Find out how to help them stay safe from abuse.

[More advice can be found on the thinkuknow website.](#)

Using parental controls

Parental controls are a great tool to help protect children online. There is plenty of advice available to help and they are not difficult to set up and use.

[More information can be found on the thinkyouknow website.](#)

Gaming: what parents and carers need to know

There's a game out there for everyone. Some might prefer sporting games like FIFA and NBA. Others play adventure games such as Fortnite and Minecraft. Video games are arguably better than ever - because almost all of them allow you to play online with friends. It's not just young people that are gaming online.

Did you know that there are over two billion gamers across the world? (Newzoo, Global Games Market Report, 2018). And these gamers aren't just wasting their time - the benefits of gaming include improvement of coordination, problem-solving skills and brain speed to name a few. As with any form of online space, adult offenders can use gaming platforms to target children and build relationships with them.

This article explores the different elements of gaming and how they can be used by offenders, and what you can do to support your child whilst gaming.

[More information can be found on the thinkyouknow website.](#)

Online grooming: how does it work?

Some people try to use social media, live streaming platforms and apps to groom children and young people. It's important you understand how this works, so you can protect them.

[More information can be found on the thinkyouknow website.](#)



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