

Kincraig Children's Centre Activity timetable


Kincraig Children's Centre

Kincraig Road, Blackpool, FY2 0HN

Tel: 01253 354059

Apr - Jul
2019




 Look out for additional activities throughout Spring/Summer on our facebook page.
Facebook – Kincraig Children's Centre

Blackpool's children centres are provided in partnership by Blackpool Better Start and Blackpool Council.

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www.blackpoolbetterstart.org.uk

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CHILDREN'S CENTRES

MONDAY

Date/Time	Venue	Activity/Course
FREE LAP – TOP AND INTERNET USE FOR OUR LOCAL FAMILIES		
9.30 – 11.00	Kincraig Children's Centre	Baby Clinic: Health visitors on hand to weigh baby and offer advice and guidance on child development....and a friendly chat. Please call in - no appointment necessary. Don't forget to find out if you're eligible for FREE Healthy Start vitamins while you are here!

TUESDAY

Date/Time	Venue	Activity/Course
FREE LAP – TOP AND INTERNET USE FOR OUR LOCAL FAMILIES		
9.30 – 11.00	Kincraig Children's Centre	TOP TODDLERS: For children aged 18 months to 3 years. Activities are generally planned for children aged 18 months to 3 years but younger children are welcome to come along to enjoy the fun too. 'Move, Play and Grow' will be joining the fun for 4 weeks from 25th June. It involves fun activities and games that supports your child's social and physical development, improves motor skills while increasing your family's health knowledge. Topics include: Healthy Eating, Oral Health, Snacks & Sugars and Physical Activity. (BS)



WEDNESDAY

Date/Time	Venue	Activity/Course
FREE LAP – TOP AND INTERNET USE FOR OUR LOCAL FAMILIES		
10:00 – 11:00 (Term Time only)	Moor Park Library	SHAKE, RATTLE and READ: Suitable for toddlers and early movers.
12.00 – 2.30	Kincraig Children's Centre	FIRST STAGE BOOKINGS AND STOP SMOKING IN PREGNANCY CLINIC: Midwifery Health Trainers offering advice and guidance on health in pregnancy – by appointment through your midwife.

THURSDAY

Date/Time	Venue	Activity/Course
FREE LAP – TOP AND INTERNET USE FOR OUR LOCAL FAMILIES		
9.30 – 11.00 (Term time only until 23rd May)	Kincraig Children's Centre	BABY TIME: For children aged 0- 18 months. By parents' request - a group specifically for babies, and crawlers to offer socialising and sensory experiences - through age appropriate play. Mums, Dads and grandparents all welcome!
9.30 – 10.45 For 5 weeks commencing June 13th	Kincraig Children's Centre	LET'S TALK: For children aged 0- 18 months, 5 weeks of lovely activities and fun that boosts children's communication skills. Come along to find out more about how communication develops and learn some handy tips to use at home.



FRIDAY

Date/Time	Venue	Activity/Course
FREE LAP – TOP AND INTERNET USE FOR OUR LOCAL FAMILIES		
10.30 – 11.00 Term time only	Kincraig Children's Centre	Tiddly – Om – Pom – Poms: £1.50 per family A fun music making group delivered by Blackpool Music Service for Mums and Dads to share with their children (from 3 months)
10: 10.30 Term time only	Moor Park Library	Baby Bounce and Rhyme

 Better Start is pleased to support activities for 0-4 year olds and their families delivered through Blackpool Children's Centres.

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