

St Cuthbert's Children's Centre Activity timetable

St Cuthbert's Children's Centre
Lightwood Avenue, Blackpool, FY4 2AU
Tel: 01253 313201

FREE
Nursery places
available for 2 and 3
year olds

Apr - Jul
2019

New:
We have some new
Sensory resources. Why
not book out a room and
use our Resources. Call
01253 313201 to
book.



St. Cuthbert's Catholic Academy
and Children's Centre

• **Free Childcare for 2/3/4 year olds:** Do you qualify for free childcare? You may be eligible for up to 15 hours per week if you are in receipt of certain benefits or up to 30 hours for working families. Places available, call 01253 313201 to enquire.

Call 0800 092 2332 or visit; www.fyidirectory.co.uk

Your one stop shop for health, social and community services information across the Fylde coast.

Do you have a dentist? Call 03001234010 to register.

Blackpool's children centres are provided in partnership by Blackpool Better Start and Blackpool Council.

CONTACT US

www.blackpoolbetterstart.org.uk



Please check out our Twitter



Please check out our facebook page



Blackpool
Better Start
CENTRE FOR EARLY
CHILD DEVELOPMENT

J124114 0419

www.blackpool.gov.uk

Blackpool Council

CHILDREN'S CENTRES



MONDAY

Date/Time	Venue	Activity/Course
8:30am -1.30pm Term time only.	Aspen's Café St Cuthbert's Children's Centre	Café: Come along to our café for great, affordable nutritious snacks and meals. Daily Breakfast Special, Small Sausage or Bacon Barm and a brew for £1.50. Daily Lunch Specials from £2.00. *One free cup of tea/coffee for breastfeeding mothers.*
9.00am -2.00pm	St Cuthbert's Children's Centre	PKU Clinic: A phenylketonuria (PKU) test is done to check whether a newborn baby has the enzyme needed to use phenylalanine in his or her body. Phenylalanine is an amino acid that is needed for normal growth and development. ... The blood sample for PKU is usually taken from baby's heel (called a heel stick).
10:30am -11:30am Term time only.	St Cuthbert's Children's Centre	Baby Group: (Birth to walkers) come along and meet other new parents whilst encouraging your child to learn and develop.

TUESDAY

Date/Time	Venue	Activity/Course
8:30am -1.30pm Term time only.	Aspen's Café St Cuthbert's Children's Centre	Café: Jacket Potato with a choice of filling and a hot drink only £2.00 or One slice of Cheese on Toast and a brew for £1.10. *One free cup of tea/coffee for breastfeeding mothers.*
Blackpool Food Partnership & Tesco	St Cuthbert's Children's Centre	Collect free produce: Available from our reception area. (subject to availability)
9.30am-11.30am 7th May	St Cuthbert's Children's Centre	Baby Rover: Membership costs £2.50 for a lifetime's membership. This entitles families to purchase bundles of 10 baby items for a cost of £1.00. Come along and get a bargain.
9:30am-11:00am Term time only. All with young children welcome. 16th April 9.30am-12pm 14th May 10.00am-11.00am	St Cuthbert's Children's Centre	Family and Friends: (Walkers to 5 years) Calling all parents, grandparents, carers, aunts, uncles and friends. Come along and socialise with other adults whilst encouraging the children to learn and develop. Ideas Event: FREE Donkey Rides, refreshments, activities and crafts. Speech and Language Information Station: Come along and ask advice or discuss any concerns you may have regarding your child's speech. https://sites.google.com/view/com-newsletter/home
Invite Only	St Cuthbert's Children's Centre	Baby Steps *Please telephone our Baby Steps worker Julie on 313201 for more information or to book your place*

WEDNESDAY

Date/Time	Venue	Activity/Course
8:30am -1.30pm Term time only.	Aspen's Café St Cuthbert's Children's Centre	Café: Wednesday Special: : Roast Dinner and a Pudding for £3.00. *One free cup of tea/coffee for breastfeeding mothers.*
9:30am-11:30am Term time only.	St Cuthbert's Children's Centre	Child-minders'/Foster Carer's Group: Are you a child-minder or a Foster Carer. Why not meet with other child-minders/carers whilst playing with the children.
10.00am-12.00 Noon	St Cuthbert's Children's Centre	Stop Smoking Clinic: Run by Blackpool's Midwifery Health Trainers. *Appointments by referral only.*

1.00pm - 2.15pm 1st May - 22nd May	St. Cuthbert's Children's Centre	Talk Together: Talk Together is a 4 week family group with a focus on communication for children. Led by Speech and Language Therapists, together we practice key communication skills in a fun way. Please contact Communicate to book on 01253 462123, alternatively enquire at; enquire@communicate-slt.org.uk
9.30am-10.30am 1st May 2019 5th June 2019 3rd July 2019	St. Cuthbert's Children's Centre	Parent's Forum: Call in and find out what's happening in your Children's Centre. Would you like to have your say? Have you ideas for groups/ activities in the centre then why not come along to the next meeting.

THURSDAY

Date/Time	Venue	Activity/Course
8:30am -1.30pm Term time only.	Aspen's Café St Cuthbert's Children's Centre	Café: Thursday Special: Roast Dinner and a Pudding for £3.00. *One free cup of tea/coffee for breastfeeding mothers.*
9.30am Term time only.	St Cuthbert's Children's School	Tiddly - Om - Pom - Poms: Music and movement session with Sarah Hallam. Please arrive promptly. £1 charge per family.
9.30am-10.30am 2nd May 2019 6th June 2019 4th July 2019	St Cuthbert's Children's Centre	Free childcare for 2 , 3 and 4 year olds: You may be entitled for up to 15 hrs per week early education for your 2 year old and up to 30 hrs per week for 3 and 4 year olds. Call in and find out more information on this and childcare in your area.
1:30pm -3:00pm	St Cuthbert's Children's Centre	Bouncing Babies: Drop in and have your baby weighed or speak with the Health Visitor for any advice you may need.

FRIDAY

Date/Time	Venue	Activity/Course
8:30am - 1.30pm Term time only.	Aspen's Café St Cuthbert's Children's Centre	Café: Daily Breakfast deals from £1.50. Daily Lunch Specials from £2.00. *One free cup of tea/coffee for breastfeeding mothers.*
9:00am - 4:00pm	St Cuthbert's Children's Centre	Community Midwives: Booking only, via Midwife.
9.30am - 11:00am Term time only.	St Cuthbert's Children's Centre	Play Away: (Birth to 5 years) Come and have fun with your children whilst socialising with other adults. Learn about the Early Years Foundation Stage and get some great activity ideas that you can do at home with your child/ren.
10.00am - 12.00pm	St Cuthbert's Children's Centre	La Leche League (LLL) Fylde Coast BREASTFEEDING support group: Meetings are open to all expectant, new and experienced mums who are interested in learning more about breastfeeding. A volunteer breastfeeding counsellor facilitates the meeting where we chat, share ideas, support and empower each other. There are excellent LLL leaflets and books available. Tea/coffee and toast provided by the children centre. https://www.facebook.com/LLLFyldeCoast/ https://laleche.org.uk
Invite Only	St Cuthbert's Children's Centre	Baby Steps *Please telephone our Baby Steps worker Julie on 313201 for more information or to book your place*