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# Keeping warm and well

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The Keeping Warm and Well scheme is run by [Blackpool Care and Repair](#) and is aimed at elderly, disabled and low income residents who are worried about keeping warm, mainly during the winter but also at other times of the year.

Blackpool Care and Repair and numerous other partner agencies can offer advice about energy efficiency, home improvements and safety within the home.

## Advice available

Help and advice is available on:

- Heating
- Insulation
- Repairs
- Staying alive
- Eating well
- Fighting fuel poverty

[Blackpool Care and Repair](#) provide many services for Blackpool residents who need help with home improvements.

For more information about the range of services provided you can call into the town centre office at Coastal House on Abingdon Street, or call 01253 476646.

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